

7-8th gr. Practice Record

Name: _____

Marking Period: _____

WEEK	MON	TUES	WED	THURS	FRI	SAT	SUN	TOTAL	Parent/Guardian SIGNATURE	Pts Earned
1										
2										
3										
4										
5										
6										
7										
8										
9										

Weekly Practice Points

10 - 3 Hrs

9 - 2 Hr 45min

8 - 2 Hr 30min

7 - 2 Hrs

6 - 1 Hr 45min

5 - 1 Hr 30min

4 - 1 Hr

3 - 30 min

2 - Less than 30 w/ signature

0 - No Signature